

## Vedlegg 3, sjekklister, Joanna Briggs

### Sjekkliste for kohort studier

	Wang et al. (2017).	Capilnean et al. (2019).	Hyun et al. (2020).
1. Were the two groups similar and recruited from the same population?	Yes	Yes	Yes
2. Were the exposures measured similarly to assign people to both exposed and unexposed groups?	Yes	Yes	Yes
3. Was the exposure measured in a valid and reliable way?	Yes	Yes	Yes
4. Were confounding factors identified?	Yes	Yes	Unclear
5. Were strategies to deal with confounding factors stated?	No	Unclear	Unclear
6. Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	Yes	Unclear	No

7. Were the outcomes measured in a valid and reliable way?	Yes	Yes	Yes
8. Was the follow up time reported and sufficient to be long enough for outcomes to occur?	Unclear	Yes	Unclear
9. Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	Yes	Yes	Yes
10. Were strategies to address incomplete follow up utilized?	Yes	Yes	No
11. Was appropriate statistical analysis used?	Yes	Yes	Yes
Score	9/11	9/11	6/11

## Sjekkliste for systematisk review og forskningssynteser

	Arroyo-Novoa et al. (2019).	Sneyers et al. (2020).	Lamey et al. (2022).
1. Is the review question clearly and explicitly stated?	Yes	Yes	Yes
2. Were the inclusion criteria appropriate for the review question?	Unclear	Yes	Unclear
3. Was the search strategy appropriate?	Unclear	Yes	Yes
4. Were the sources and resources used to search for studies adequate?	Unclear	Yes	Yes
5. Were the criteria for appraising studies appropriate?	Unclear	Yes	Yes
6. Was critical appraisal conducted by two or more reviewers independently?	Unclear	Yes	Unclear
7. Were there methods to minimize errors in data extraction?	Unclear	Yes	Yes
8. Were the methods used to combine studies appropriate?	Yes	Yes	Yes

9. Was the likelihood of publication bias assessed?	Yes	Yes	Unclear
10. Were recommendations for policy and/or practice supported by the reported data?	Yes	Yes	Yes
11. Were the specific directives for new research appropriate?	Yes	Yes	Yes
Score	5/11	11/11	8/11